

# Creating a New Model for Working with Gender-variant Clients: Resources

## Books/Publications:

### For Clinicians:

- Counseling and Mental Health Care of Transgender Adults and Loved Ones**, Bockting, Knudson, and Goldberg, 2006  
<http://www.vch.ca/transhealth/resources/library/tcpdocs/guidelines-mentalhealth.pdf>
- Maps of Narrative Practice**, Michael White
- On Becoming a Person**, Carl Rogers
- Providing Transgender-Inclusive Healthcare Services**, Planned Parenthood of the Southern Finger Lakes  
[http://www.plannedparenthood.org/ppsf/files/Southern%20Finger%20Lakes/Providing TransgenderInclusiveHealthcare.pdf](http://www.plannedparenthood.org/ppsf/files/Southern%20Finger%20Lakes/Providing%20Transgender%20InclusiveHealthcare.pdf)
- Social Services with Transgendered Youth**, G.P. Mallon, Ed.
- A Way of Being**, Carl Rogers

### For Youth:

- My Gender Workbook: How to Become a Real Man, a Real Woman, the Real You, or Something Else Entirely**, Kate Bornstein
- Hello Cruel World: 101 Alternatives to Suicide for Teens, Freaks & Other Outlaws**, Kate Bornstein
- 10,000 Dresses**, Marcus Ewert and Rex Ray  
A children's story book about a boy who dreams about magical dresses.
- Bending the Mold: An Action Kit for Transgender Youth**, Joint publication by Lambda Legal and NYAC  
[www.lambdalegal.org/binary-data/LAMBDA\\_PDF/pdf/305.pdf](http://www.lambdalegal.org/binary-data/LAMBDA_PDF/pdf/305.pdf)
- Beyond the Binary: A Toolkit for Gender Identity Activism in Schools**  
[http://www.nclrights.org/pdf/beyond\\_the\\_binary.pdf](http://www.nclrights.org/pdf/beyond_the_binary.pdf)

### For Clients and Families:

- Becoming a Visible Man**, Jamison Greene
- GenderQueer: Voices from Beyond the Sexual Binary**, Nestle, Wilchins, and Howell (Eds.)
- If You Are Concerned About Your Child's Gender Behaviors: A Guide For Parents.**  
[www.dcchildrens.com/gendervariance](http://www.dcchildrens.com/gendervariance)
- Labor of Love**, Thomas Beattie
- The Last Time I Wore a Dress**, Daphne Scholinski
- She's Not There**, Jennifer Finney Boylan
- The Transgender Child: A Handbook for Families and Professionals**, Stephanie A. Brill & Rachel Pepper
- Trans Forming Families: Real Stories About Transgender Loved Ones**, Mary Boenke, Editor
- Transgender History**, Susan Stryker

## Websites:

### **www.gender.org**

*Gender Education and Advocacy (GEA)*

### **www.gpac.org**

*Gender Political Action Coalition*

### **www.transfamily.org**

*Cleveland based online support for transgender and transsexual people, their parents, partners, children, other family members, friends, and supportive others*

### **www.trans-health.org**

*Philadelphia based conference that focused on promoting transgender health and wellness in mind, body, spirit, and community.*

### **www.transgenderlaw.org**

*Transgender Law and Policy Institute*

### **www.vch.ca/transhealth/resources/library/**

*This website for Vancouver Coastal Health's Transgender Health Program provides an extensive and up-to-date library of online resources for both clinicians, clients, and families.*

### **www.wpath.org**

*World Professional Association for Transgender Health*